

School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 27/9	Spaghetti Bolognese & Homemade Garlic Bread Or Breaded Fish Fingers Baton Carrots Medley of Fresh Vegetables Mashed Potato Egg Sponge with Jam Topping	Breast of Chicken Curry & Rice, Naan Bread Or Chicken in a BBQ marinade Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes Vanilla Ice Cream, Oranges	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection and Fresh Yoghurt	Roast Turkey Or Roast Chicken Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Rice Krispie Square	Hot Dog Or Pizza Slices Tuna Mayo Wrap Baked Beans Peas *Tossed Salad Chips, Mashed Potato Oat Biscuits & Fresh Fruit Chunks
WEEK 2 4/10	Chicken Fricasse Or Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Chocolate Brownie, Pears & Ice Cream	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas, Tossed Salad MASH Homemade Shortbread Rounds	Savoury Mince Or Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Strawberry Jelly & Ice Cream with Fresh Fruit	Roast Turkey Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Vanilla Sponge	Chicken Nuggets Or Hot Chili Chicken Wrap Salmon Mayo Baguette Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Selection of Fruit and Yoghurt
WEEK 3 11/10	Italian Pasta Bolognese Or Breaded Fish Fingers Baked Beans, Sweetcorn Broccoli Florets Mashed Potato Chocolate and Orange Egg Sponge	Mexican Enchilada or Mac & Cheese Or Homemade Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection, Mashed Potato Raspberry ripple Ice Cream Tub Fresh Fruit Chunks	Chicken Curry & Rice/Nan Bread Oven Baked Sausage Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection and Fresh Yoghurt	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato, Hot Pasta Shells Chocolate Cookie	Traditional Homemade Smooth & Hearty Vegetable Soup Steak Burger in Bap, or Bang Bang Chicken in a Baguette Tossed Salad Selection of breads Strawberry Mousse & Fresh Fruit Salad
WEEK 4 18/10	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken Goujons Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Lemon Drizzle Cake	Chicken Stir Fry Rice Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit Fingers, Fruit	Roast Breast Chicken Or Roast Pork Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Chocolate Brownie	Lasagne Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli & Mashed Potato Selection of Fruit and Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll & Fruit Chunks

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

**2 Items from
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries